



# Profiting from a Demographic Shift in the 21<sup>st</sup> Century

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**Canadian Meat Council**  
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# What drives consumer choice?

- Demographics
- Lifestyle
- Habit vs. Novelty-seeking
- Learning (information)

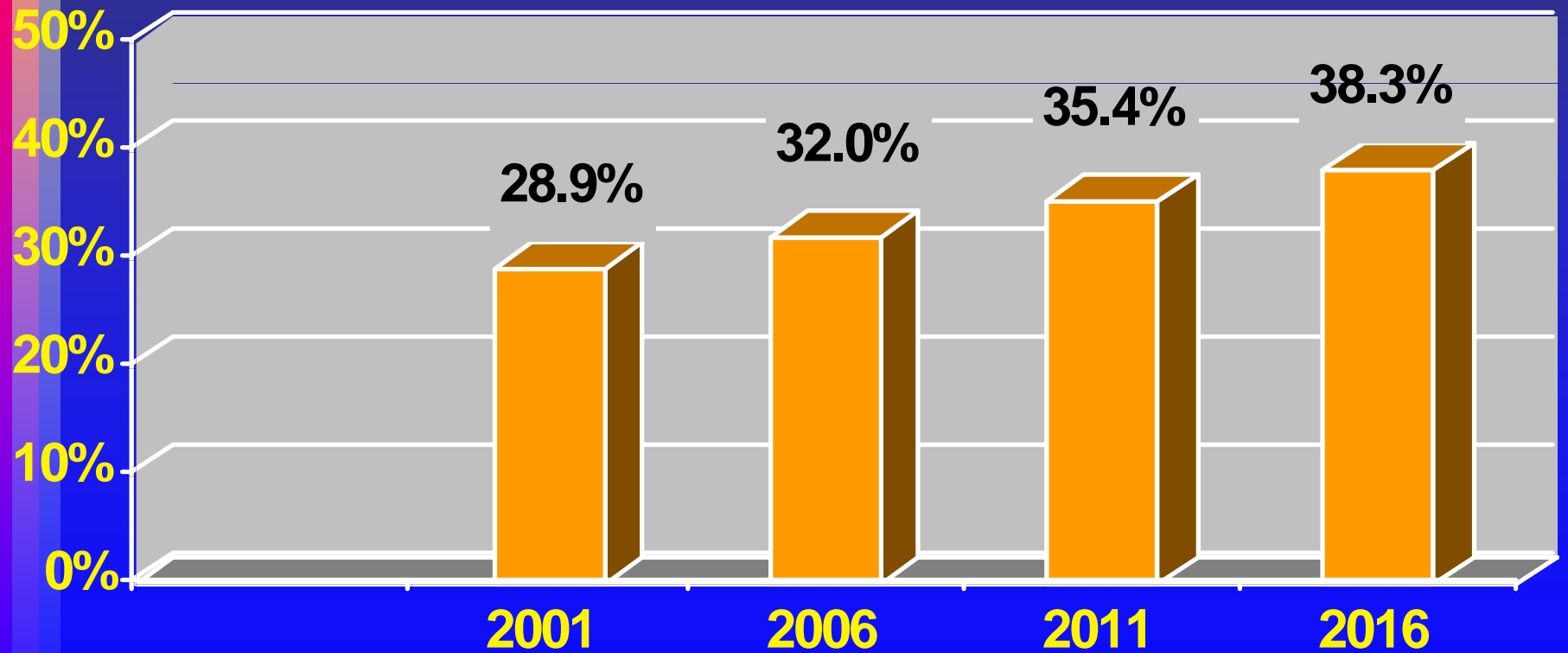


# What's going on in demographics?

- **Population age dynamics**
- **Ethnicity of North American consumers**
- **Dual incomes**
  - **affluence effect**
  - **time constraint effect**
- **Rising number of single-person households**

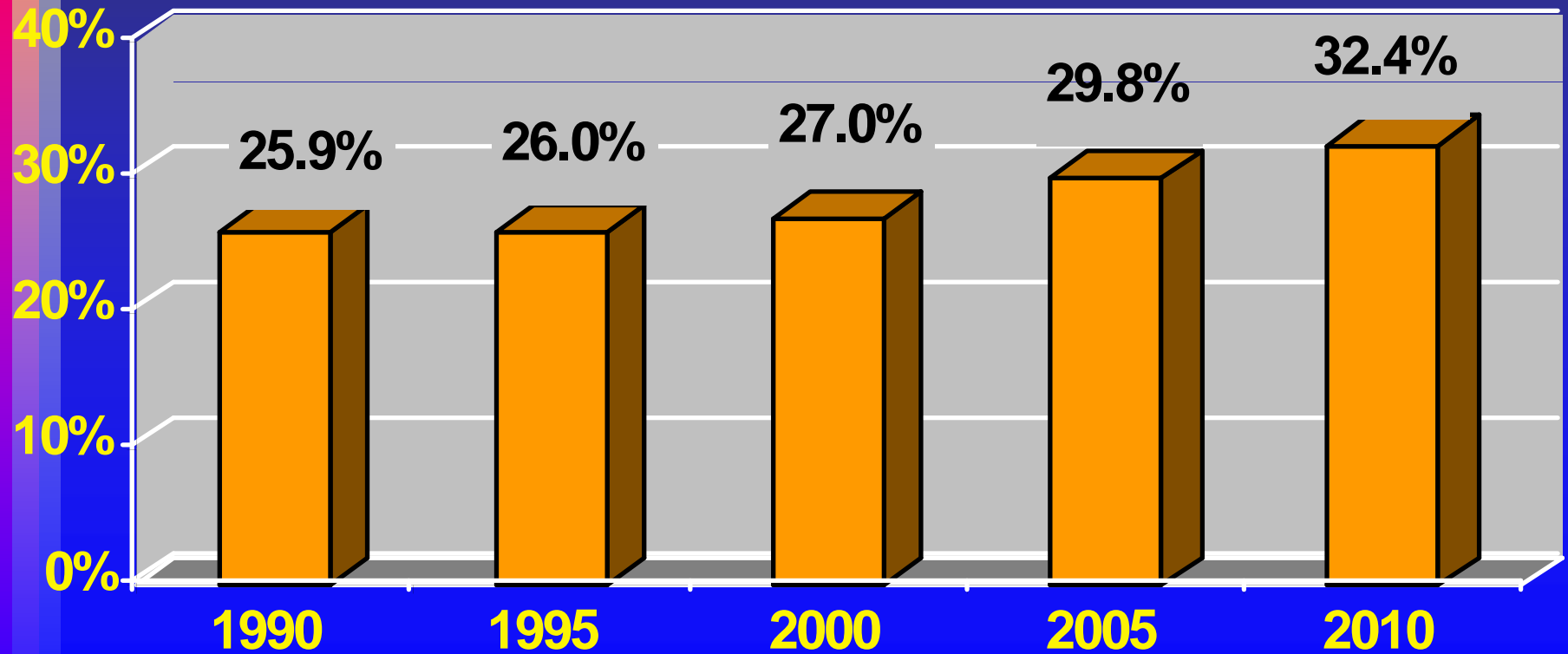
# Population age dynamics -Canada

## % population over 50



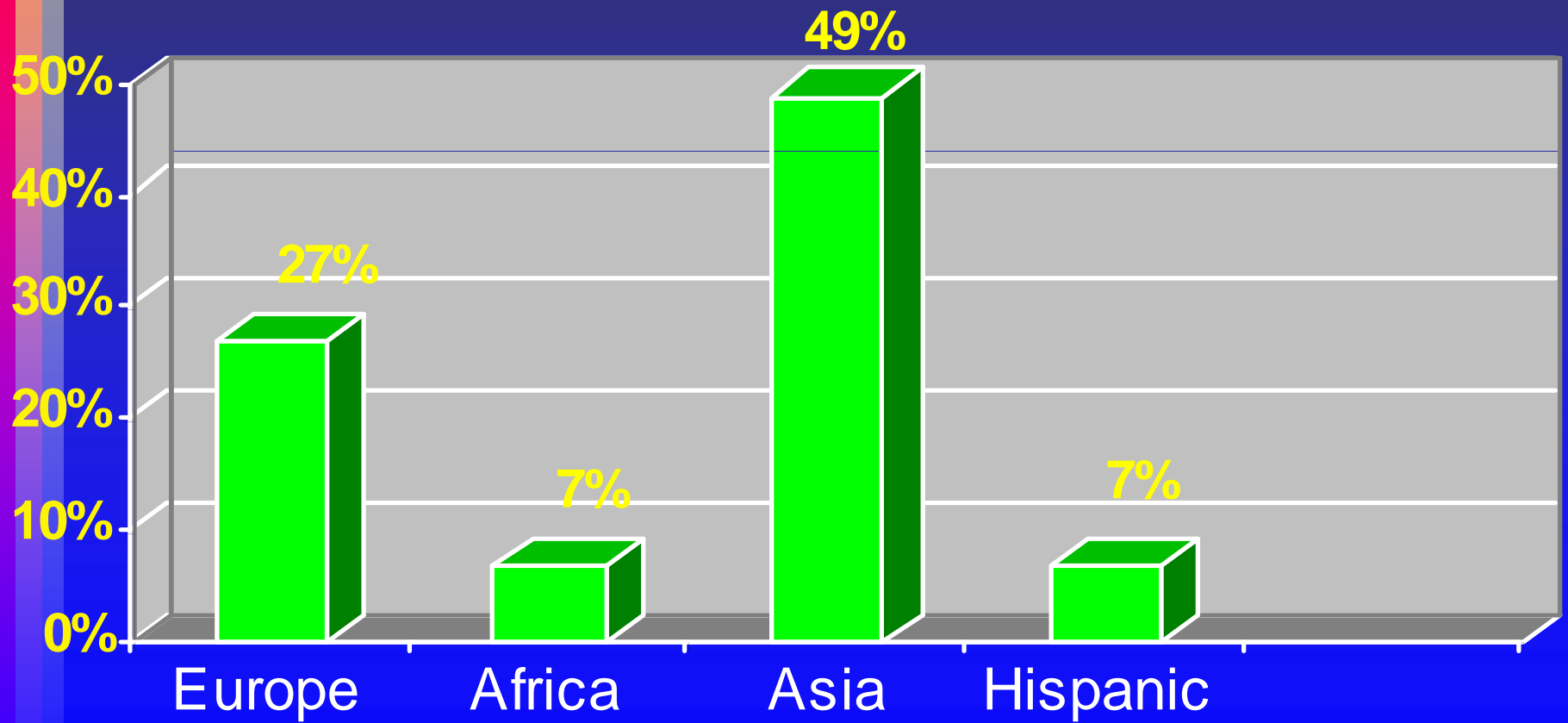
# Population age dynamics - US

## % population over 50



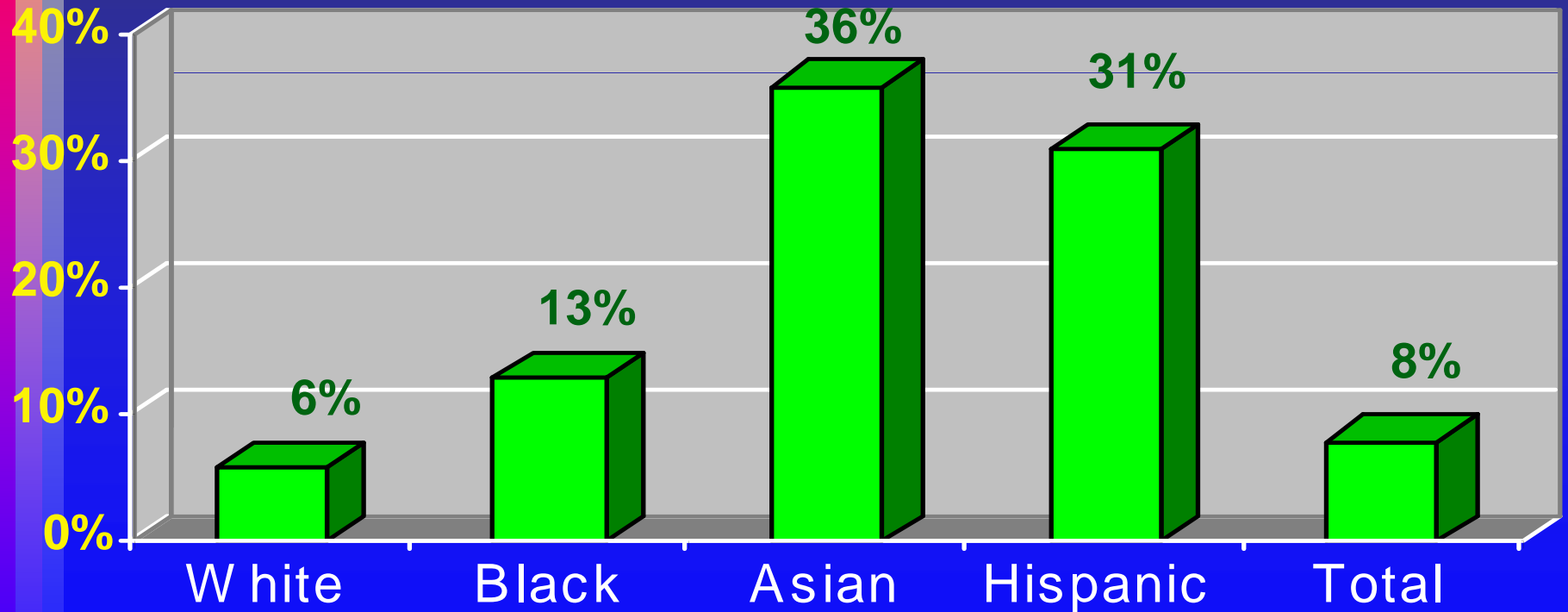
# Ethnic Diversity - Canada

%immigrants in 1990-1996 period



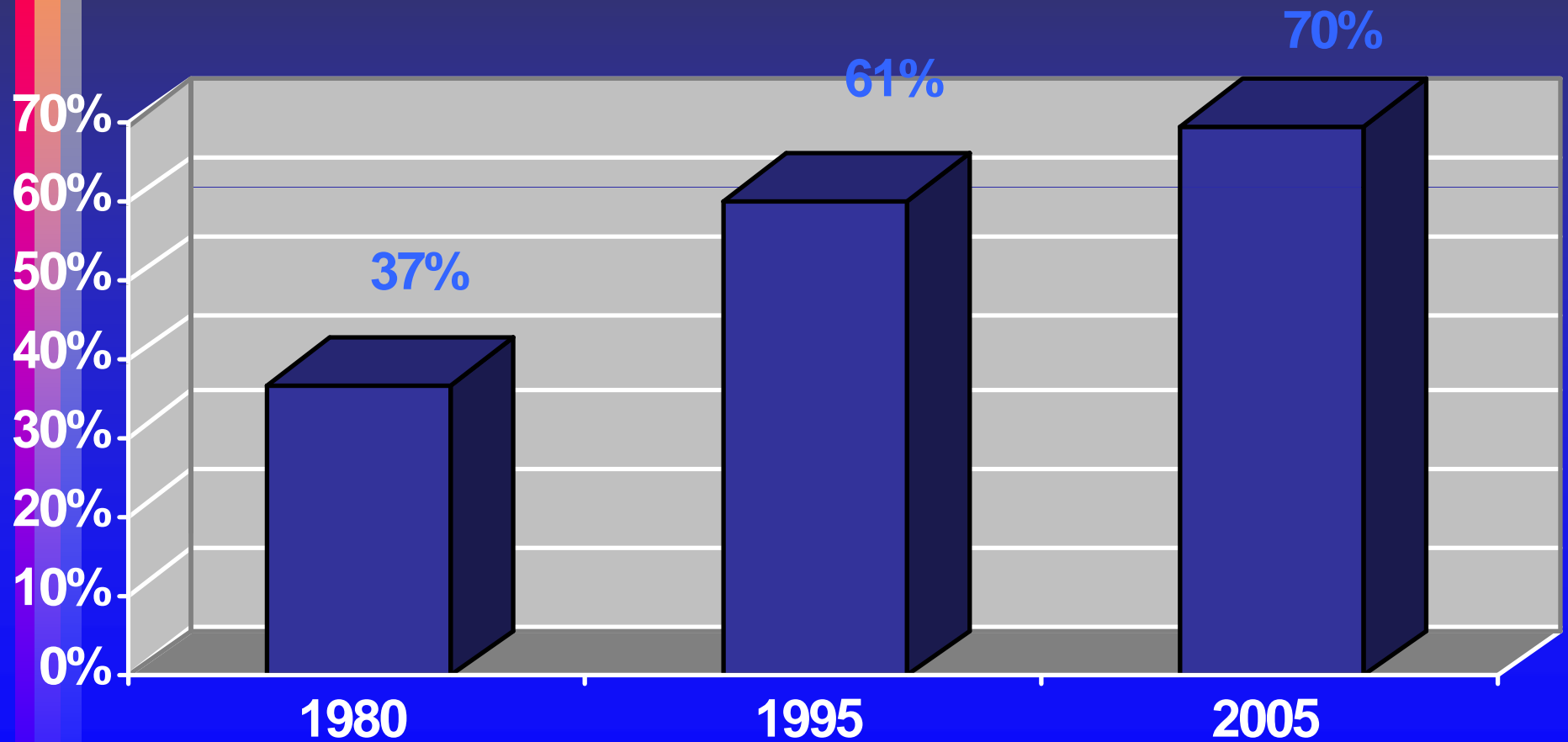
# Ethnic Diversity - US

**% increase in population 1998- 2008**



# Dual Income Families - Canada

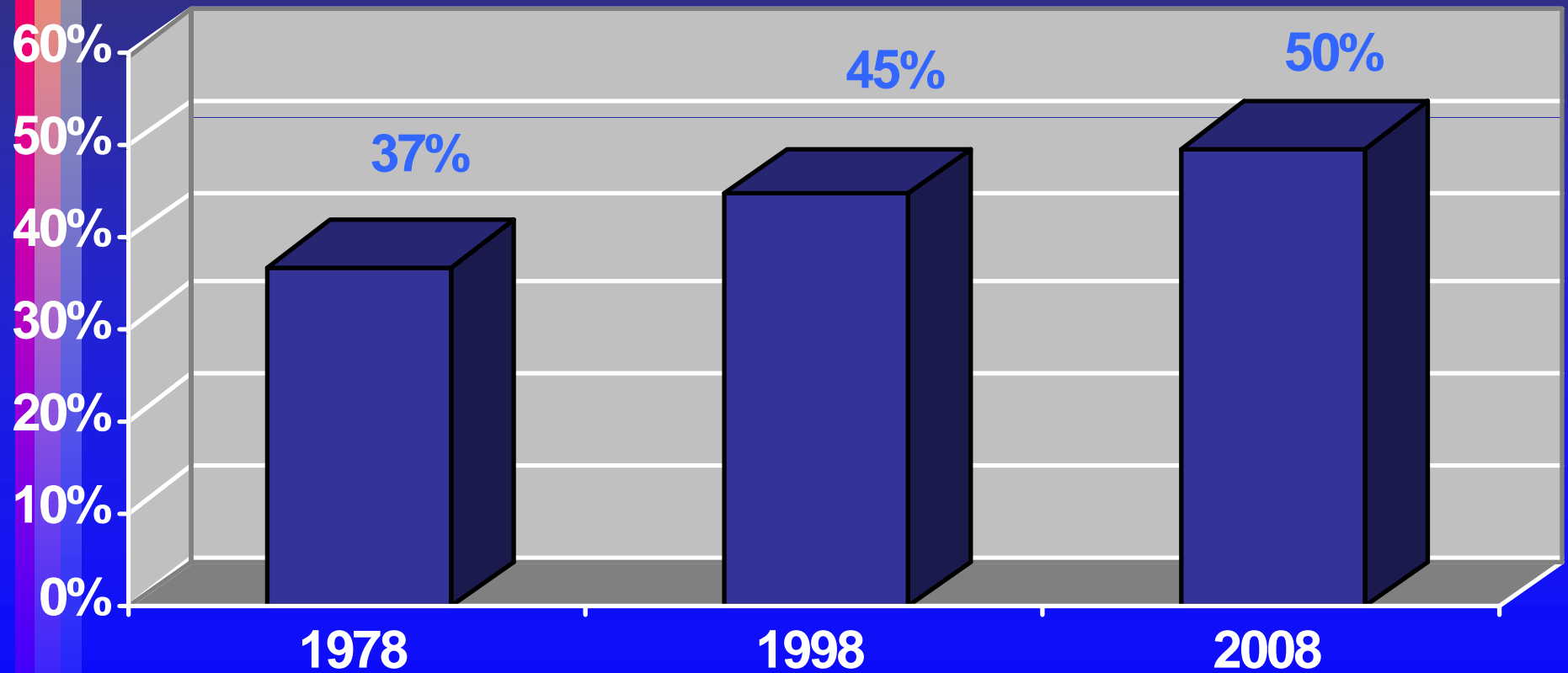
% Dual-income Family Households





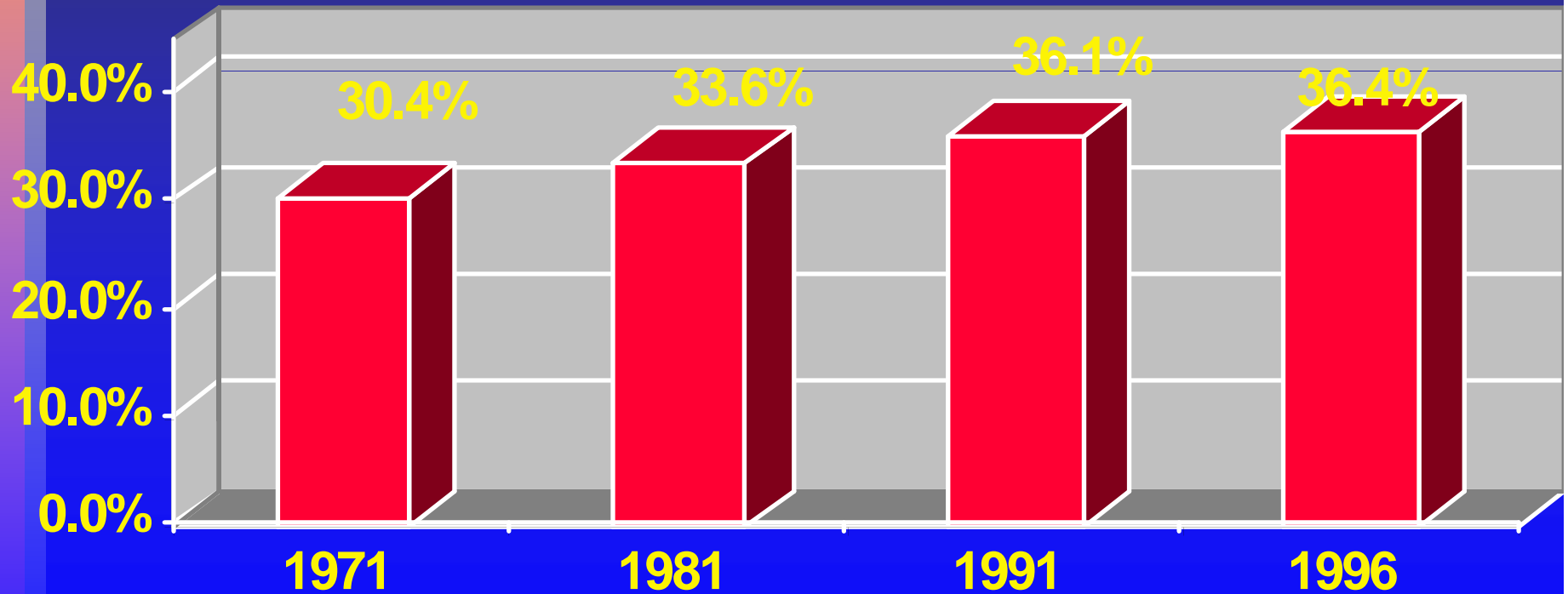
# Dual Income Families - US

% Dual-income Family Households



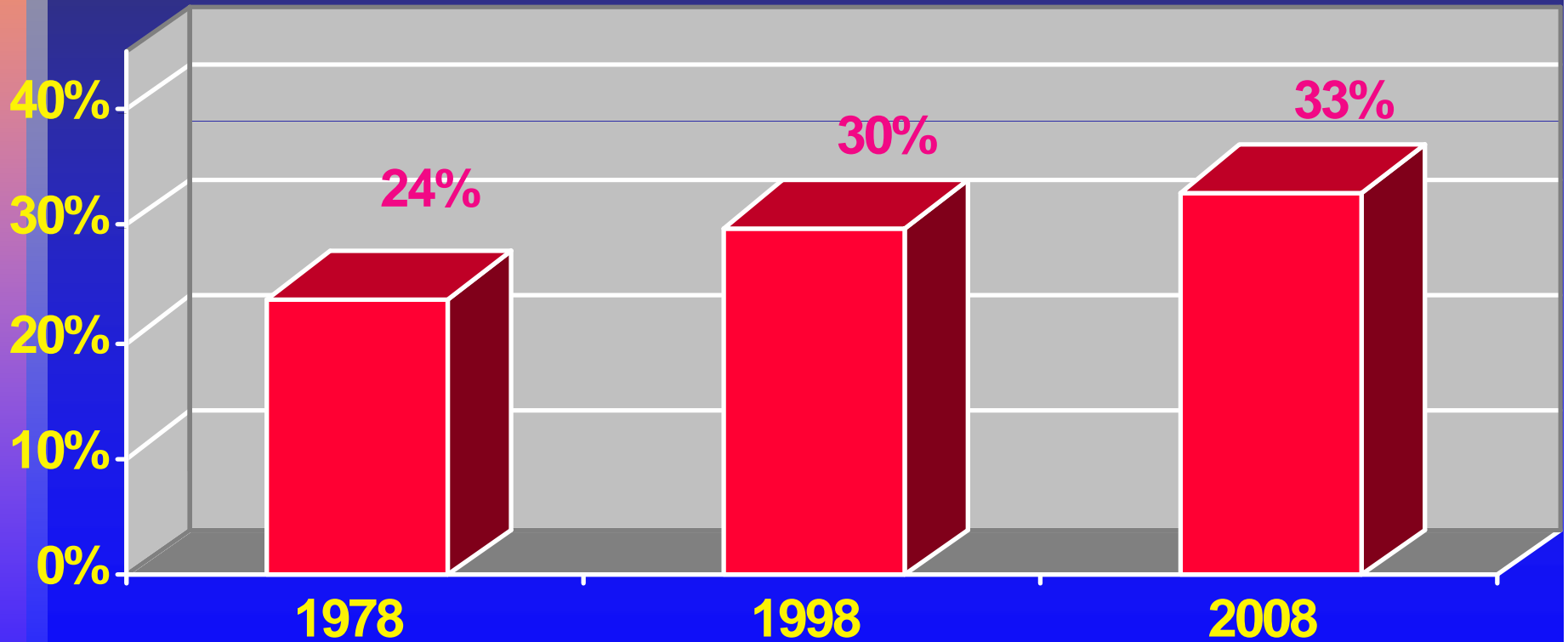
# Small households - Canada

## % of single households



# Small households - US

% of single households





## What does it mean when we have

- increased single-person households?
- increased dual-income households?
- increased population over 50?
- increased numbers of Asian and Hispanic consumers?



# First-order effects

- Dual incomes imply
  - higher disposable income
  - increased time constraints for “consumption”
- Therefore increased demand for high-end products AND
  - convenient meal solutions
  - “behind-the-wheel-friendly” foods



# First-order effects

Single person households imply

- smaller packages
- convenience
- high away-from-home consumption
- lower “food interest”



# First-order effects

Growth in ethnic consuming populations implies

- different product mix at retail
- diversity in food service



# First-order effects

Aging population implies higher  
disposable incomes





## Second-order effects

- Affluence tends to break traditional socio-demographic consumption patterns
- The products that are brought out for ethnic markets are adopted by broader consumer markets
- Combination of time constraints and affluence leads to “eatertainment”



# The problems with demographics

- They imply behavioral norms based on “what you look like”
- Demographics are no longer stable predictors over time
- “What we look like” is less important than “how we behave”
- Let’s call this “lifestyle” for now



## After all these years

- “Dis-moi ce que tu manges, je te dirai ce que tu es.” - Jean Anthelme Brillat-Savarin  
1825



# Lifestyle - behavior

% who eat a home-cooked dinner 6-7 nights per week

“loners”  
married

married

married

not

w/o kids

w/ kids

w/ kids

**44%**

**46%**

**45%**

**45%**

Source: Peter Hart for Grocery Mfrs Assn, 1998



# Lifestyle - behavior

% who dine with entire household 6-7 nights per week

“loners”

married  
w/o kids

married  
w/ kids

not married  
w/ kids

**N/A**

**60%**

**52%**

**54%**

Source: Peter Hart for Grocery Mfrs Assn, 1998



# Lifestyle - behavior

% who buy a ready-to-eat meal 2 or more nights per week

“loners”

married  
w/o kids

married  
w/ kids

not married  
w/ kids

**39%**

**27%**

**33%**

**42%**

Source: Peter Hart for Grocery Mfrs Assn, 1998



# Lifestyle - behavior

% who use microwave almost all the time/very often

“loners”

married  
w/o kids

married  
w/ kids

not married  
w/ kids

**43%**

**36%**

**33%**

**29%**



# Some emerging lifestyle issues

- Fastest growing product categories in the “center of the store”
  - TASTE, INDULGENCE, VARIETY
  - FUNCTIONALITY





# Some emerging lifestyle issues

- “Echo Boomers” are a strange, volatile age cohort
  - BIG into self-indulgence
  - Most likely to shop in Supercenters
  - Low incomes with high consumption aspirations
  - Novelty-seekers
  - Ethnicity doesn’t drive purchases



# More learning opportunities

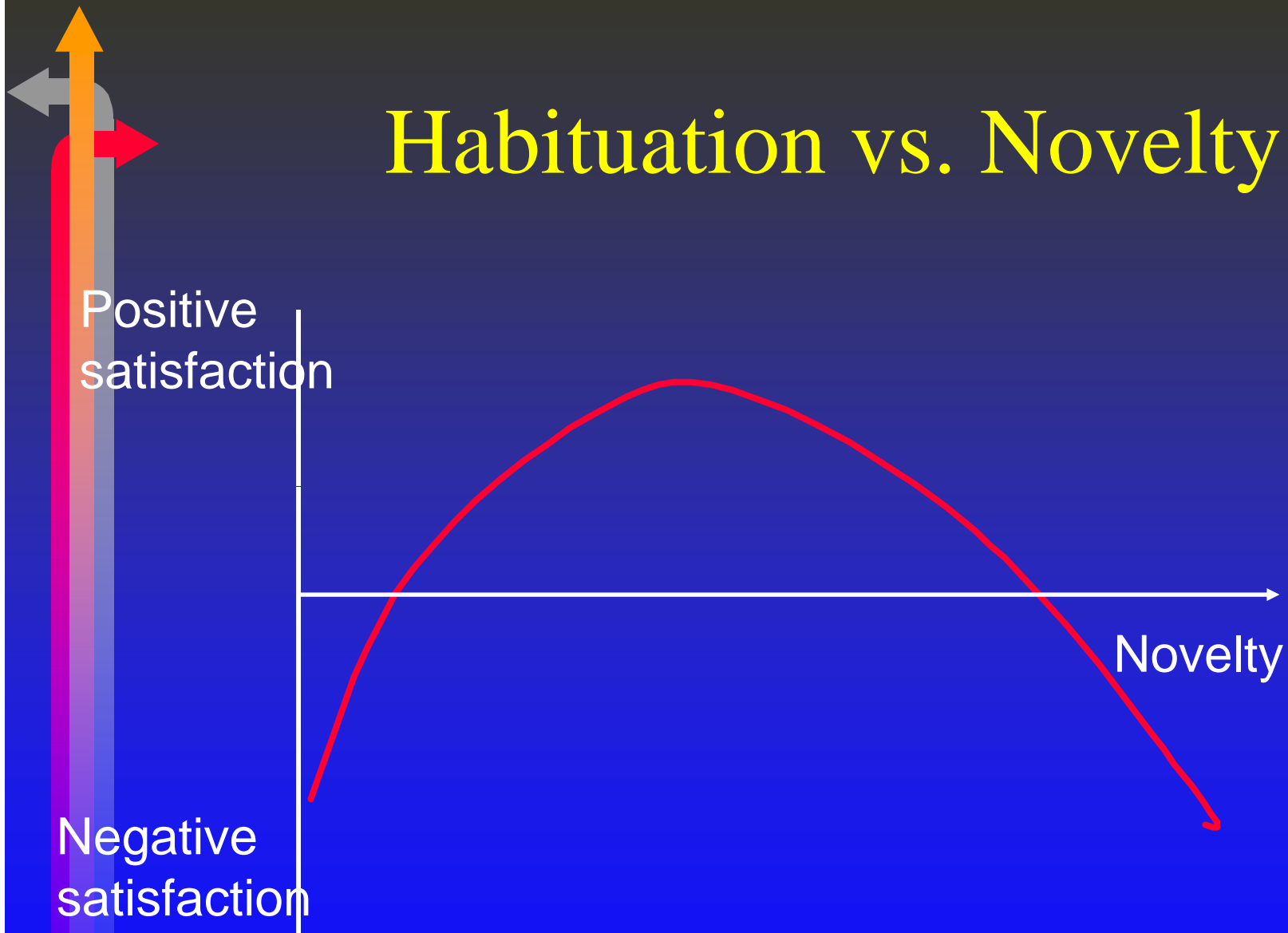
- Experimentation, novelty-seeking, and ethnic “boundary-jumping” occur in the foodservice sector
- Good news – since we have 1 ½ generations of inept home cooks
- Ironically, TV may save us, especially with Echo Boomers



# Habituation vs. Novelty

- Habituation is a classic response to the huge number of consumption choices before us
- Food products are **EXPERIENCE GOODS**, as are food retailer patronage, and restaurant choice

# Habituation vs. Novelty



The Wundt curve



# Habituation vs. Novelty

- There is a constant tension between the comfort of habitual purchases and the search for novelty
- Marketing expenditures flow to this tension:
  - reinforce positive satisfaction for existing products
  - present new choices in product categories
- Marketers battle over which brands/items will enter our “evoked set” during the shopping task



# How do we “make a market”?

- Consumers on one side with
  - Changing basic demographics
  - Increasingly specific behavior segments
  - Increasingly unstable “presence” in segments
  - Interest in novelty
- Food marketers with
  - Huge capacity to generate new products
  - Blurred, fragmented market channels



# How do we “make a market”?

- Use the metaphor of maps:
  - Consumers have an incomplete mental map of the array of choices they have to purchase food (products, sources)
  - Marketers have a fuzzy, incomplete mental map of consumer needs, wants, desires
  - Both parties are “navigating” with imperfect maps, trying to meet at the cash register



# The complication of “what is being purchased?”

- Consumers don't really consume products
- They consume complex goods that they “construct” from products bought at retail OR they buy complex goods that someone constructs for them (food service)
- The value they get from these complex goods comes from the combination of *characteristics* they consume





## Characteristics of Consumption Goods

- Intrinsic characteristics in food products
  - Nutritive
  - Organoleptic
  - Physical/ biological
- Extrinsic characteristics
  - Psychic: tradition, sophistication, economy
  - Entertainment
  - Convenience

Where do “story” products fit?



# Navigating

- Consumers navigate from memory, even if their mental map of consumption possibilities doesn't match up with “reality” -- habituation
- To find novelty in the landscape of consumption possibilities, they need signposts
  - Who makes the signposts?



# Navigating

## ➤ Signposts:

- Consumer advertising
- Point-of-purchase in retail
- Food service industry
  - The “early warning system” for novelty in the US.
- Note that the food retail system is generally devoid of personal information sources, unlike most consumer products markets, except...